

	Monday	Tuesday	Wednesday	Thursday	Friday
7.00am	—	Pilates	Pilates	Pilates	—
8:00am	—	Hydro	—	—	—
8:30am	Pilates	Pilates	Pilates	Pilates	Pilates
8.45am	—	Hydro	—	—	—
9.00am	—	—	—	—	Hydro
9:15am	Pilates	Pilates	Pilates	Pilates	Pilates
9.30am	—	Hydro	—	—	—
9:45am	—	—	—	—	Hydro
10:00am	Pilates	Pilates	Pilates	Pilates	Pilates
12:15pm	—	—	—	Pilates	—
4.00pm	Pilates	Pilates	—	Pilates	—
4:30pm	—	—	Hydro	—	—
4:45pm	Pilates	Pilates	Pilates	Pilates	—
5:15pm	—	—	Hydro	—	—
5:30pm	Pilates	Pilates	Pilates	Pilates	—

Class duration 45minutes. Bookings are essential for all classes. Notice of cancellation is required 12 hours prior to your booked session or a cancellation fee of \$20 will be charged.

5 Hallett Street
08 8821 3290