



	Monday	Tuesday	Wednesday	Thursday	Friday
7.00am	—	Flex FIT	—	Flex FIT	—
7.50am	—	—	—	Flex FIT	—
8.30am	Flex FIT	Flex FIT	—	—	Flex FIT
8.40am	—	—	—	Flex FIT	—
9.20am	Flex FIT	—	—	—	—
9.30am	—	—	—	—	Flex FIT
10:00am	—	Flex FIT	—	Flex FIT	—
10:40am	—	—	Flex FIT	—	—
11:00am	—	Flex FIT	—	—	—
2.40pm	Flex FIT	—	—	—	—
3.40pm	—	—	—	—	—
4.00pm	—	—	—	—	—
4:20pm	Flex FIT	Flex FIT	—	—	—
5:10pm	Flex FIT	Flex FIT	—	Flex FIT	—

Class duration 45minutes. Bookings are essential for all classes. Notice of cancellation is required 12 hours prior to your booked session or a cancellation fee of \$20 will be charged.

5 Hallett Street
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